



**CALIFORNIA INTERSCHOLASTIC FEDERATION  
NORTHERN SECTION**

Elizabeth Kyle, Commissioner  
Scott Johnson, Assistant Commissioner  
2241 St. George Lane, Suite 2  
Chico, CA 95926

Telephone: 530-343-7285  
Fax: 530-343-5619  
Website: [www.cifns.org](http://www.cifns.org)

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The Northern Section California Interscholastic (NSCIF) Executive Committee decided today at their meeting to allow schools to schedule competitions in any sport as long as they align with the California Department of Public Health (CDPH) Colored Tier System, County Public Health guidelines, and local district administration guidelines.

A couple of the CDPH guidelines to keep in mind are:

- Participation in sports is governed by the county COVID colored tier

**PURPLE: Cross-Country, Golf, Tennis, Track & Field, Ski/Snowboard, Swimming**

**RED: Baseball, Softball, Field Hockey**

**ORANGE: Football, Soccer, Volleyball**

**YELLOW: Competitive Cheerleading, Basketball, Wrestling**

- Athletes and coaches should cohort by team, and refrain from participating with more than one team over the same season or time period.
- Inter-team competitions, meets, races, or similar events are authorized only if (a) both teams are located in the same county and the sport is authorized or (b) teams are located in immediately bordering counties and the sport is authorized in both counties.
- All teams must continue to follow the CDPH guidance on practice (masks, 6 feet of social distancing, single cohort, outside) during the school year.
- Football competition must be completed by April 30<sup>th</sup> to provide adequate recovery and State-mandated equipment re-conditioning time before the August 2021 season.
- All of the State and Section CIF Bylaws, rules and regulations must be followed.
- All Sit-Out period dates will be recalculated once the school/county decides on their season of sport. School Athletic Directors will receive additional information on the recalculation process. This provision cannot be waived by the league or the section as it is a CIF bylaw

Finally, the leadership of the Northern Section believes this revised schedule best fits the diverse needs of our member schools. It is our hope that this will allow all our student-athletes the opportunity to participate in the sports they are so passionate about, even in this year of uncertainty and great sacrifice! For any additional information, please contact the Northern Section Office.